

ZC 2026: Session: 6: COACH evaluation sheet for TEAM: ZDKB

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mullens Jule

Coaches: Simons Vic HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 48: 100M FREESTYLE MEN 13-14			Heat:7, starttime: 14:11
Heat: 7/12 Lane : 1 Athlete: LYSENS SIEBE			Q-time: 01:11:25
PB (50m pool): 01:21.71 SportinGenk Park 21/04/2025			PB (25m pool): 01:11.25 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.14	01:21.71	
	00:39.14	00:42.57	
			

Coach feedback:

Event number: 51: 50M BACKSTROKE WOMEN 15+			Heat:5, starttime: 14:59
Heat: 5/9 Lane : 1 Athlete: MÉLARD LEVI			Q-time: 00:37:53
PB (50m pool): 00:38.20 Genk 01/02/2026			PB (25m pool): 00:37.51 SB: 00:38.20 Genk 01/02/2026
	5 0 M		
PB	00:38.20		
	00:38.20		
			

Coach feedback:

Event number: 51: 50M BACKSTROKE WOMEN 15+			Heat:5, starttime: 14:59
Heat: 5/9 Lane : 8 Athlete: LIESENS MIET			Q-time: 00:37:57
PB (50m pool): 00:37.57 Antwerpen 13/07/2025			PB (25m pool): 00:36.90 SB: 00:41.16 SportinGenk Park 06/04/2026
	5 0 M		
PB	00:37.57		
	00:37.57		
			

Coach feedback:

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Event number: 51: 50M BACKSTROKE WOMEN 15+				Heat:6, starttime: 15:00	
Heat: 6/9 Lane : 2 Athlete: VANHAEREN RENÉE				Q-time: 00:36:56	
PB (50m pool): 00:38.20 Genk 01/02/2026				PB (25m pool): 00:36.56 SB: 00:38.20 Genk 01/02/2026	
	5 0 M				
PB	00:38.20				
	00:38.20				
					

Coach feedback:

Event number: 53: 50M BUTTERFLY WOMEN 15+				Heat:6, starttime: 15:27	
Heat: 6/11 Lane : 2 Athlete: COEMANS HANNE				Q-time: 00:35:29	
PB (50m pool): 00:35.29 Antwerpen 15/03/2026				PB (25m pool): 00:35.51 SB: 00:35.29 Antwerpen 15/03/2026	
	5 0 M				
PB	00:35.29				
	00:35.29				
					

Coach feedback:

Event number: 53: 50M BUTTERFLY WOMEN 15+				Heat:7, starttime: 15:28	
Heat: 7/11 Lane : 1 Athlete: MÉLARD LEVI				Q-time: 00:34:81	
PB (50m pool): 00:34.81 Antwerpen 15/03/2026				PB (25m pool): 00:34.96 SB: 00:34.81 Antwerpen 15/03/2026	
	5 0 M				
PB	00:34.81				
	00:34.81				
					

Coach feedback:

Event number: 53: 50M BUTTERFLY WOMEN 15+				Heat:7, starttime: 15:28	
Heat: 7/11 Lane : 7 Athlete: COEMANS KAAAT				Q-time: 00:34:78	
PB (50m pool): 00:35.30 SportinGenk Park 06/04/2026				PB (25m pool): 00:34.78 SB: 00:35.30 SportinGenk Park 06/04/2026	
	5 0 M				
PB	00:35.30				
	00:35.30				
					

Coach feedback:

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Event number: 53: 50M BUTTERFLY WOMEN 15+										Heat:10, starttime: 15:32																																																											
Heat: 10/11										Lane : 4										Athlete: JANSSEN LORE										Q-time: 00:32:59																																							
PB (50m pool): 00:32.59										Olympic Pool Wezenberg, Antwer										30/07/2025										PB (25m pool): 00:32.27										SB: 00:34.16										Antwerpen										15/03/2026									
		5 0 M																																																																			
PB		00:32.59																																																																			
		00:32.59																																																																			
																																																																					

Coach feedback:

Event number: 53: 50M BUTTERFLY WOMEN 15+										Heat:11, starttime: 15:33																													
Heat: 11/11																				Lane : 7					Athlete: LIESENS MIET										Q-time: 00:32:21				
PB (50m pool): 00:32.21										Antwerpen 13/07/2025										PB (25m pool): 00:33.35										SB: 00:32.49					Antwerpen 15/03/2026				
PB		5 0 M																																					
		00:32.21																																					
		00:32.21																																					
																																							

Coach feedback:

Event number: 54: 50M BUTTERFLY MEN 13-14										Heat:7, starttime: 15:41																			
Heat: 7/7 Lane : 2 Athlete: LYSSENS SIEBE																				Q-time: 00:33:16									
PB (50m pool): no time										PB (25m pool): 00:33.16SB: no time																			
		5 0 M																											
PB		no time																											
		no time																											
																													

Coach feedback: